

## Relias eLearning (with CEUs)

Using online technology Relias seeks to improve the lives of the most vulnerable members of society and those who care for them by providing the professionals working with them relevant and timely learning experiences. Relias's intuitive user interface makes learning engaging and enjoyable. (approved Licensed Master Social Worker, Licensed Clinical Social Worker, Licensed Mental Health Counselor, Licensed Marriage and Family Therapist, Physical Therapist, Occupation Therapist, Dietitian, Registered Nurse, and Speech-Language Pathologist continuing education units)

### Courses available by profession:

- **Social Workers and Mental Health**

- Addressing Overweight and Obesity in Individuals with Mental Illness
- Co-Occurring Disorders
- Advanced Co-Occurring Disorders
- Barriers to Recovery
- Building the Therapeutic Relationship
- Cognitive Behavioral Therapy
- CBT for People with Developmental Disabilities
- Compassion Fatigue and Satisfaction
- Dialectical Behavioral Therapy- An Introduction
- Dialectical Behavioral Therapy- Advanced Techniques
- Motivational Interviewing
- Person-Centered Planning
- Solution-Focused Therapy
- Therapeutic Boundaries
- Trauma-Informed Clinical Best Practices: Implications for the Clinical and Peer Work Force

- **Dietitians**

- The Ten Guiding Principles for Management & Prevention of Diabetes (1-3)
- The Ten Guiding Principles for Management & Prevention of Diabetes (4-6)
- The Ten Guiding Principles for Management & Prevention of Diabetes (7-10)
- Dysphagia: An Interdisciplinary Approach
- Motivational Interviewing in Health Care: A Focus on Language
- MI in Health Care: A Focus on Language: The "Spirit" and Core Skills of MI
- MI in Health Care: The Building Blocks of the Process and The Art of Sharing
- Polypharmacy & Drug Interactions
- Developing an Interdisciplinary, Individualized Plan of Care

- **Nurses**
  - The Ten Guiding Principles for Management & Prevention of Diabetes (1-3)
  - The Ten Guiding Principles for Management & Prevention of Diabetes (4-6)
  - The Ten Guiding Principles for Management & Prevention of Diabetes (7-10)
  - End of Life Care for People with Intellectual and Developmental Disabilities
  - Dysphagia: An Interdisciplinary Approach
  - Motivational Interviewing in Health Care: A Focus on Language
  - MI in Health Care: A Focus on Language: The “Spirit” and Core Skills of MI
  - MI in Health Care: The Building Blocks of the Process and The Art of Sharing
  - Polypharmacy & Drug Interactions
  - Developing an Interdisciplinary, Individualized Plan of Care
  - Addressing Overweight and Obesity in Individuals with Mental Illness
  - Co-Occurring Disorders
  - Advanced Co-Occurring Disorders
  - Cognitive Behavioral Therapy
  - Compassion Fatigue and Satisfaction
  - Dialectical Behavioral Therapy- An Introduction
  - Motivational Interviewing
  - Person-Centered Planning
  - Therapeutic Boundaries
  - Trauma-Informed Clinical Best Practices: Implications for the Clinical and Peer Work Force
- **Speech Language Pathologist and Physical and Occupational Therapist**
  - Motivational Interviewing in Health Care: A Focus on Language
  - MI in Health Care: A Focus on Language: The “Spirit” and Core Skills of MI
  - MI in Health Care: The Building Blocks of the Process and The Art of Sharing
  - Polypharmacy & Drug Interactions
  - Developing an Interdisciplinary, Individualized Plan of Care